

NAGEL CLINIC NEWS

NAGELCLINIC.ORG

RESTORING HEALTH AND HOPE IN BANDERA COUNTY

SPRING 2024

The Best Job I've Ever Had. Let Me Tell You Why.

BARBARA DAUERTY, PHYSICIAN'S ASSOCIATE, MPAS

I provide health care for patients and have done so for about two-thirds of my life. The work I have done includes Pediatrics, Family Practice, drug and alcohol rehabilitation, military medicine, working with the Border Patrol taking care of immigrants, and doing in-home insurance physicals. I've never had a bad job, or regretted working as a PA, even during my military career. But this job of providing health care for the medically uninsured in Bandera County is, bar none, the best job I've ever had. Let me tell you why.

The Arthur Nagel Community Clinic is staffed by the most caring people I have ever met. It doesn't matter where our patients come from or what they've done. If they qualify for care at our Clinic, they receive that care. Everyone gets the very best care we can give. Our Clinic provides no-cost care. We ask for donations from patients, and they donate what they can. No one is ever turned away for inability to contribute. This makes the provider's work easier in some ways because it means we cannot offer concierge-style services; you get what you need, not necessarily what you want. Since most of our medications are donated by pharmaceutical companies, and we don't prescribe or have available controlled substances, we avoid potential abuse scenarios. We are also fortunate to be generously funded by caring individuals and funding partners in the greater community, for which we are continually grateful.

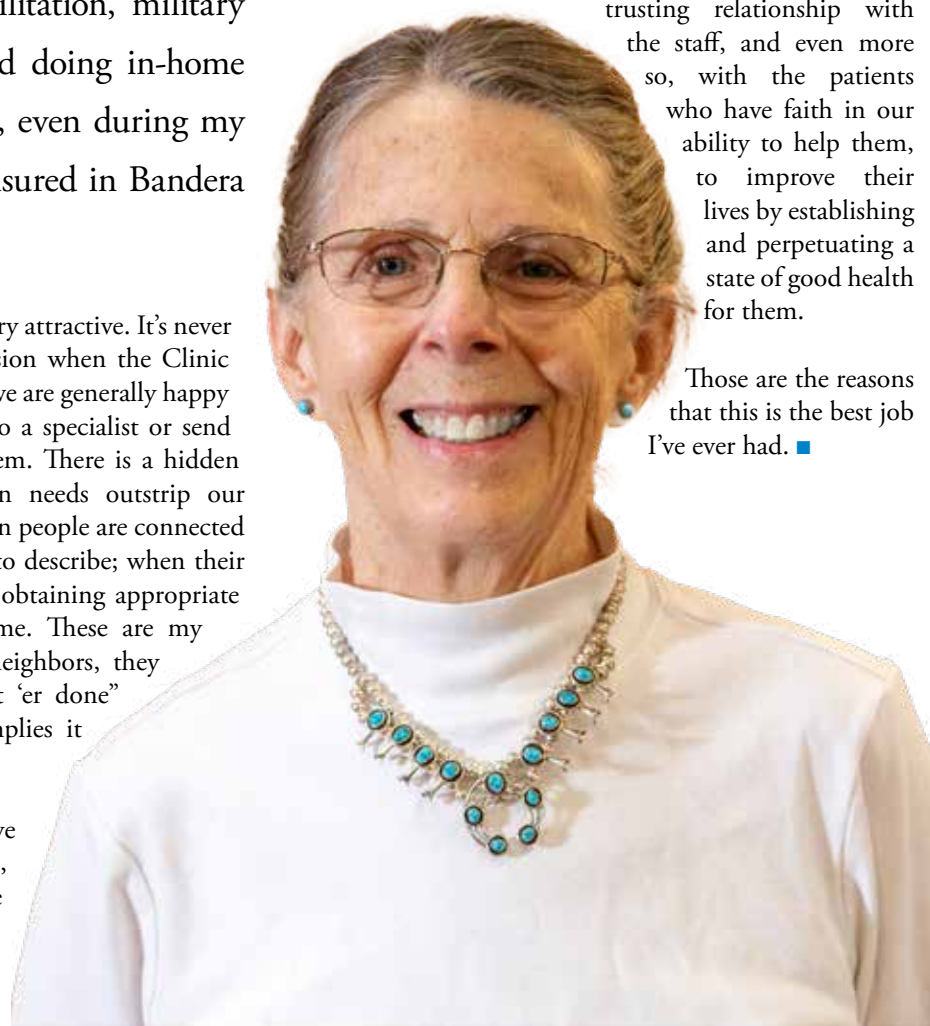
Practicing in a community clinic like ours requires a broad knowledge of medicine, our rural population, current health issues, and treatment recommendations. For a provider who

likes variety in her practice, this is very attractive. It's never boring here. And on the rare occasion when the Clinic cannot provide a service to a client, we are generally happy to be able to connect him or her to a specialist or send them to a facility that can help them. There is a hidden support system that appears when needs outstrip our resources. The wonder one feels when people are connected to specialty care sources is difficult to describe; when their ardor and effort are rewarded with obtaining appropriate care for our patients, it inspires me. These are my people. My colleagues love their neighbors, they give unconditionally, and they "git 'er done" when everyone else shrugs and implies it can't be done.

Now, the reason this is the best job I've ever had is because of all of the above, but even more, it's the product of the ability of the people I work with to put the patient first. That the Nagel

Clinic is not profit-driven is a major reason for this. For me, the value lies in the capability to establish and maintain a trusting relationship with the staff, and even more so, with the patients who have faith in our ability to help them, to improve their lives by establishing and perpetuating a state of good health for them.

Those are the reasons that this is the best job I've ever had. ■



CLINIC BOARD OF DIRECTORS WELCOMES BILL MCALEB



The Nagel Clinic's Board of Directors is pleased to announce the election of Bill McAleb as a new member for 2024. Bill has chosen to serve on the Governance Committee of the Board.

A retired 43-year executive business leader in the energy industry, Bill moved recently to Bandera and the Texas Hill Country with his wife, Kim, from the mountains of Colorado. He grew up in El Paso in an area adjacent to the US Army's Fort Bliss Military Base and children from the base attended the public schools he attended. It was this early exposure to diversity – learning how words and deeds of others impact people – that has served him well in both his personal life, as well as in his professional career. Bill received a Bachelor of Science degree in Engineering from the University of Texas at El Paso. Because he came

from a natural gas pipeline family, he found himself based in Houston working for a global energy engineering and operations company as a refinery process designer. That position quickly grew into a supervisory position with the offshore construction, operations, and drilling segments of the company. Soon he found himself working for a similar company in New Orleans, as an outsourced executive and supervisor to a number of international energy companies, while pursuing additional graduate degrees in Engineering and Business Administration at Tulane University.

In the mid-1990s, after stints working on trading floors and building a couple of offshore development and production companies, Bill's career again turned, this time to business consulting; providing energy regulatory policy, expert witness, market analytics and merger transaction services. A place where he played out the second half of his career. ■

Goal Met! Anderson Challenge Grant



Thanks to outstanding support for Clinic from new donors and those who increased their giving in 2023 by way of a very successful Cork & Fork in November, the Carl C. Anderson Sr. & Marie Jo Anderson Foundation has granted \$20,000 to the Nagel Clinic for our Elder Care Program.

This award came to us as a challenge grant. If the Clinic was able to raise \$20,000 in new and increased gifts in the fall, the Foundation would match the amount for Elder Care, our work with patients age 60 and above without medical insurance or with only Medicare part A.

The contributed revenue received during that one night in new and increased donations put us over the top. Thank you to all who attended and gave to our mission! ■

Institutional Funding Partner News



St. Luke's Celebrates 30 Years

Hearty congratulations are in order for St. Luke's Lutheran Health Ministries which is celebrating 30 years of funding health care ministry in the San Antonio regional community. Amy Dameron Phipps is the Executive Director.

St. Luke's Lutheran Health Ministries, Inc., provides support to non-profit health care-related ministries that benefit the San Antonio regional community, with primary consideration given to 1) Direct and indirect health services (medical, dental and mental health) and protective health services, 2) Health education, preventive services and wellness initiatives, and 3) Health care equipment and supplies that are critical to the delivery of direct care.

The Nagel Clinic is grateful for our longtime partnership with St. Luke's Lutheran Health Ministries to provide primary and preventive health services to uninsured families in Bandera County.



Welcome To The Moody Foundation

The Nagel Clinic is pleased to welcome a new funding partner, the Moody Foundation, located in Galveston and helping to underwrite our general operating needs in 2024. Frances Moody-Dahlberg is the Chairman & Executive Director.

"For more than 80 years, the Moody Foundation has funded projects and programs that better communities in the great state of Texas. As a family, our stories have fueled our mission and our grantees continue to inspire us across the arts, education, environment, health, and social services. Our local nonprofits are continuing to do the necessary hard work. The Moody Foundation is honored to serve alongside them to help our fellow Texans navigate toward a brighter future. We wish you, your family, your community, our state and this nation renewed health and happiness." ■

A MESSAGE OF THANKS FROM THE EXECUTIVE DIRECTOR



As I reflect on the past year at the Arthur Nagel Community Clinic, I am filled with gratitude for all of those in our community who came together to make our work possible over the past 15 years.

The founders of the Nagel Clinic were true pioneers. They saw a need in the community and took action to fill it. Their work has made a real difference in the lives of so many people.

First and foremost, I want to thank our donors. You are essential to our work. Year after year, your financial support allows us to provide our patients with access to health care and to expand our services to meet the needs of the community. Thank you for your generosity.

I also want to thank our staff. You are all incredibly talented and compassionate professionals who work tirelessly to provide our patients with the best possible care. We made it through the pandemic together and have emerged stronger than ever! I am so proud of the work that you do, and I am grateful for your professionalism.

And I want to thank our volunteers, particularly our volunteer Board of Directors. Your dedication is truly inspiring. Every day, I marvel at the work you do. Without you, we could not provide the care our patients need. You are the heart and soul of this Clinic, and I am grateful for your ongoing commitment to our mission.

Finally, I want to thank our patients. You are the reason that we do this work. Your stories of hope, strength, and resilience inspire us every day. Thank you for trusting us with your health.

Chuck Lutke
EXECUTIVE DIRECTOR

Saleh N. Jaafar, M.D.
MEDICAL DIRECTOR

BOARD OF DIRECTORS

OFFICERS

Lloyd Norris PRESIDENT
Mike Mulherin VICE PRESIDENT
Vonnie Jackson SECRETARY
James A. Wilson, Jr. TREASURER

MEMBERS AT LARGE

Katie Gostomski
Mindi Hauck
Aleta Lloyd, R.N.
Bill McAleb
Anna Montague
Toni L. Serene, R.N.
Barbara Shepard *EMERITUS DESIGNATE*



Chuck Lutke



Executive Director

The Arthur Nagel Clinic's mission is to improve Bandera County health by providing medical care to eligible residents and promoting health education.

The Clinic is Bandera's only no-cost health care provider for low-income Bandera county residents. For more information about becoming a patient, contact the Clinic at 830-796-3448 or visit NagelClinic.org. Translation services are available.

IMPACT REPORT

Nagel Clinic: Meeting the Need

Again in 2024, an alarming 18.5% of Texas residents are uninsured – twice the national average and by far the highest percentage of any state in the country (for Bandera County-the uninsured rate is 20.8% per the U.S. Census 2022). According to the Texas Association of Community Health Centers, about 1.3 million low-income Texans – 42% of whom are uninsured – rely on community health centers as their primary health care resource.

The City of Bandera, where the Clinic is located, has fewer than 1,000 residents, no major industry, no municipal police department, and no home mail delivery. The patient-to-physician ratio for the county

is 4,770:1 and the patient to mental health provider ratio is 630:1 (Robert Wood Johnson Foundation, County Health Rankings 2023).

For Bandera County residents, the closest area hospital is either a two-hour roundtrip drive to San Antonio or a one-hour roundtrip drive to Kerrville. This presents a hardship for those without reliable transportation, sufficient financial means, and/or schedules that permit lengthy travel for doctor visits. Additionally, the cost of treatment at an emergency room is on average 12 times higher than being treated at a medical provider's office for common ailments (Houston Chronicle, July 2019). For the uninsured, the costs increase more since there is no carrier to negotiate lower prices. Hospital losses are frequently offset by federal aid coming from taxpayers. ■

Patient-to-physician ratio for Bandera county is 4,770 to 1.

Who We Saw in 2023 *(and who saw us)*

The Nagel Clinic provided 3,332 health care visits for our low-income patients last year. More than 5,695 high-quality, patient-centered physical and mental health services were delivered between January 1 and December 31, 2023. ■

1413

PRIMARY CARE VISITS

1191

PRESCRIPTION ASSISTANCE

915

LABORATORY VISITS

695

ELDER CARE VISITS (AGES 60+)

447

RISKBUSTERS PREVENTIVE CARE VISITS

340

MENTAL/BEHAVIORAL HEALTH VISITS

303

TELEHEALTH VISITS

243

OFF-SITE SPECIALIST VISITS

168

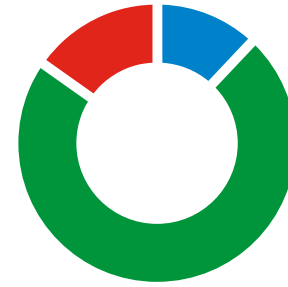
WELL-WOMAN VISITS

TOTAL 2023 SUPPORT

\$2,536,750

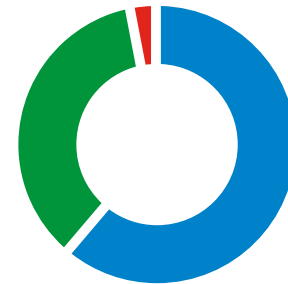
CONTRIBUTED REVENUE: \$749,281

■ GENERAL CONTRIBUTIONS	12%
■ GRANTS	73%
■ SPECIAL EVENTS	15%



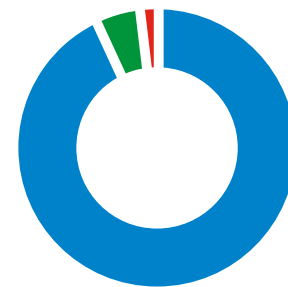
IN-KIND CONTRIBUTIONS: \$1,787,469

■ PATIENT CARE SERVICES	61%
■ PATIENT CARE MEDICATIONS	36%
■ VOLUNTEER HOURS	3%



EXPENSES: \$66,250

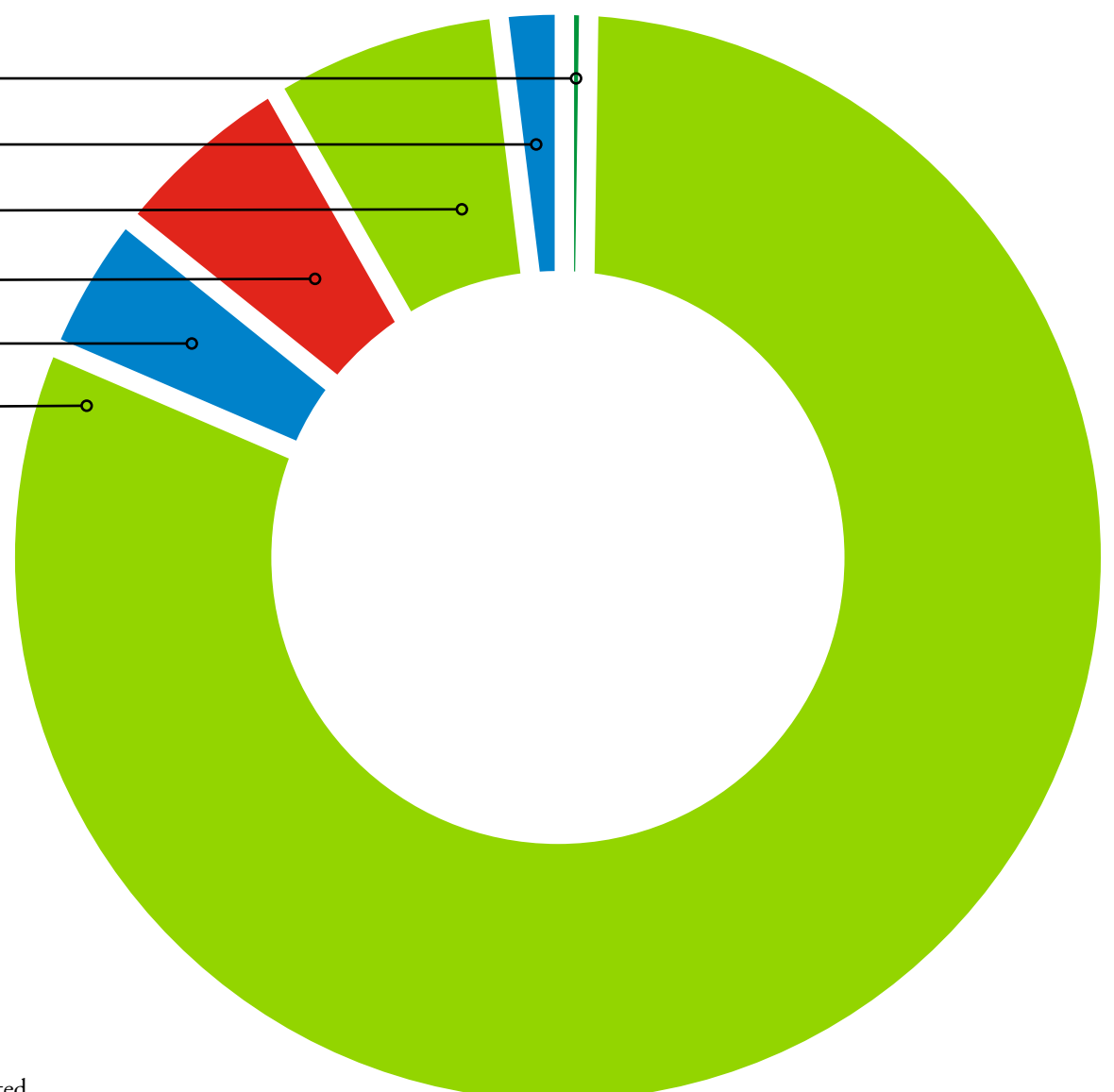
■ PROGRAM	91%
■ FUNDRAISING	5%
■ ADMINISTRATIVE	2%



	2023	2022	
ASSETS			13% INCREASE VS 2022
CASH & EQUIVALENTS	\$525,746	\$447,921	
INVENTORY	\$36,430	\$36,430	
PREPAID EXPENSES	\$3,505	\$3,442	
INVESTMENTS	\$34,213	\$34,213	
OPERATING LEASE	\$67,468	\$67,468	
FIXED ASSETS	\$37,610	\$32,643	
TOTAL ASSETS	\$704,972	\$622,116	
LIABILITIES & NET ASSETS			15% INCREASE VS 2022
ACCOUNTS PAYABLE & ACCRUED EXPENSES	\$1,000	\$992	
OPERATING LEASE	\$67,468	\$67,468	
TOTAL LIABILITIES	\$68,468	\$68,460	
NET EQUITY ASSETS			
WITHOUT DONOR RESTRICTIONS	\$525,626	\$442,780	
WITH DONOR RESTRICTIONS	\$110,876	\$110,876	
TOTAL NET EQUITY ASSETS	\$636,502	\$553,656	
TOTAL LIABILITIES & EQUITY ASSETS	\$704,970	\$622,116	

Where our funding came from in 2023

CIVIC/SOCIAL CLUB	\$500
FAITH-BASED CONTRIBUTIONS	\$9,448
INDIVIDUAL & BOARD CONTRIBUTIONS	\$45,010
CORPORATE CONTRIBUTIONS	\$36,164
PATIENT CONTRIBUTIONS	\$27,538
FOUNDATION CONTRIBUTIONS	\$513,000



“Thank you and all your staff for all the years y’all have been there whenever I needed you. You all are truly a blessing to so many people. Much love to y’all.”

Debbie Cannon

*FY23 financials are unaudited as of the printing of this report; once the audited statements are available, they will be posted on the Nagel Clinic’s website.

ANNUAL SUPPORT IN 2023

The Arthur Nagel Community Clinic appreciates all institutions and individuals that contribute to the Clinic's success. Support in any amount is received most gratefully. Our donors share a dedication to supporting health care for the uninsured in our community, and the generosity of these funders makes it possible for the Clinic to sustain top-quality care for families in Bandera County. For information on becoming a Nagel Clinic donor, see the enclosed reply envelope or contact Chuck Lutke, Executive Director, at (830) 796-3448 or at giving@nagelclinic.org. ■

LEADERSHIP GIVING

PREMIER GUARANTOR \$100,000 OR MORE

METHODIST HEALTHCARE MINISTRIES

GUARANTORS \$10,000 OR MORE

ALBERT & MARGARET ALKEK FOUNDATION

CARL C. ANDERSON SR. & MARIE JO ANDERSON CHARITABLE FOUNDATION

JAMES AVERY CRAFTSMEN INC.

COMMUNITY FOUNDATION OF THE TEXAS HILL COUNTRY

H-E-B

KRONKOSKY CHARITABLE FOUNDATION

MR. & MS. BILL MCALEB

NAGEL CLINIC PATIENT DONATIONS

MR. & MRS. LLOYD NORRIS

HAL & CHARLIE PETERSON FOUNDATION

REBECCA'S FOUNDATION

SAN ANTONIO AREA FOUNDATION

ST. LUKE'S LUTHERAN HEALTH MINISTRIES

PERRY & RUBY STEVENS CHARITABLE FOUNDATION

TEXAS MUTUAL INSURANCE

UNDERWRITERS \$5,000 OR MORE

MS. ESTELA AVERY

ISLA CARROLL TURNER FRIENDSHIP TRUST

JASTRA ENTERPRISES

MR. & MRS. JOE SHEPARD

MS. IVA TIMMERMAN & MR. HECTOR CALDERA

ANONYMOUS

BENEFACTORS \$1,000 OR MORE

AIR-CARE SOLUTIONS, LLC

BANDERA BANK

BANDERA ELECTRIC COOPERATIVE

BANDERA LIONS CLUB

BANDERA METHODIST CUTUPS

BANDERA WINE & SPIRITS

MR. & MRS. JOHNNY BOYLE

BUDDY'S SEPTIC & WATER WELL SERVICE

MR. & MRS. PAUL CANTU

MS. BARBARA DAUERTY

DIXIE STARNES WENGER FOUNDATION

DUDLEY T. DOUGHERTY FOUNDATION

MS. JAN ELLIOTT

FIRST BAPTIST CHURCH OF BANDERA

MR. & MRS. PETE GOSTOMSKI

DR. RUTH GRUBESIC

DR. SANDRA HALDEMAN

HILL COUNTRY VETERINARY HOSPITAL

HYO SILVER

MR. & MRS. JEFF JACKSON

KEN STOEPPEL FORD

MR. CHUCK LUTKE

MANSFIELD SPRING RANCH, LLC

MEDCARE ASSOCIATES, P.A.

MS. ANNA MONTAGUE

MR. & MRS. GARY NAGEL

PIPE CREEK COMMUNITY CHURCH

PIPE CREEK PRESBYTERIAN CHURCH

POLLY TEXAS PIONEER ASSOCIATION

DR. & MRS. ALEJANDO PRUITT

QUICK DRAW PAYROLL

MR. & MRS. JORDAN RUTHERFORD

LTC & MRS. FRED SERENE

MR. & MRS. GEORGE SHARMAN

ST. CHRISTOPHER'S EPISCOPAL CHURCH

TEXAS PARTNERS BANK

MR. & MRS. KEITH VOS

WESTERN HERITAGE COWBOY CHURCH

MR. & MRS. JAMES WILSON, JR.

ANONYMOUS

COMMUNITY GIVING

SPONSORS \$500 OR MORE

AMERICAN LEGION POST #410

MR. & MRS. DAN ANDERSON

BANDERA FAMILY DENISTRY

MS. TINA BEHERS

MR. TIM BLACKCOCK

MS. PAM BOX

MS. SIDNY COOK

MR. & MRS. KYLE COX

MR. & MRS. SKIPPER HAMILTON

MS. SUSAN JUNKER & MR. DENNIS BIRCHALL

MR. & MRS. MARK LACY

MS. FRAN LAUE

MASSEY, ITSCHNER & CO., P.C.

MR. & MRS. PENDLETON

MR. DAVID PETERSON

MR. ERIC PETERSON

TXN BANK

MEMBERS \$100 OR MORE

AMERICAN WATER WELL SERVICES INC

MS. MARIANNE BECKER

MS. DAWN BLACKMAR

MR. CRAIG BODIFORD

MS. MARGARET BOREN

MR. & MRS. ROGER BYRD

MS. CAROL CARTER

MR. KENNETH CARTER

MS. SHANNA CHAPMAN

COUNTRY ACCENTS ANTIQUES

COUNTRY ACCENTS BUILDINGS

COUNTRY ACCENTS LODGING

MR. & MRS. STEVEN COX

MR. ANTHONY CRISTOFICH

MR. W. LAURENCE DOXSEY

MR. & MRS. MATTHEW FAGAN

MS. PATRICIA GOBEN

MR. JOE HAECKEL & MS. KATHLEEN CAMPBELL

MR. & MRS. SKIPPER HAMILTON

MR. & MRS. HARRY HARRIS

MR. & MRS. CLYDE HAYS

MS. SUZANNE HICKS

MS. KAREN HOSKELIS

MR. & MRS. JUAN INFANTE

MR. & MRS. JOSEPH JACKSON

MR. TIM JANKOSKI

MR. KENNETH KHAN

MS. DANA KEESE

MS. KATHLEEN KELLER

MS. AMY KOOS

LAKEHILLS UNITED METHODIST CHURCH

MR. TRAVIS LANGFORD

MS. DENISE LAURICELLA

MR. MICHAEL LIPPOLD

MR. & MRS. JOHN LOUDERMILK

MR. & MRS. MICHAEL MAGEE

MR. & MRS. HARRY MAXWELL

MR. & MRS. THOMAS MAY

MR. & MRS. JOE MCMULLAN

MR. & MRS. PAT MCMURRY

MS. JILL MCNICHOL

MR. CASEY MIKESA

MS. MARIA MONTE

MR. THOMAS MORROW

MR. & MRS. MICHAEL MULHERIN

MS. MARGARET NEFF

MR. & MRS. ROBERT NEUSER

MS. JANUS OLIVE

MS. JANE PRATT

MS. BARBARA PYLE

MS. KATHERINE RUIZ

MR. J. E. RYAN

SALONS BY JC/COLOR ME BEAUTY

MS. ANN SAMUELS

MS. RACHEL SANDY

MR. STEVE SCHRADER

MS. LINDA SMITH

MS. SUZANNE SMITH-WIGFALL

MR. & MRS. HOMER STEVENS

MS. GERDA WEATHERS

MS. SULLY WOODLAND

MS. RICKI ZIEMAN

ANONYMOUS (3)

IN-KIND CONTRIBUTORS TO OPERATIONS & SPECIAL EVENTS

GUARANTOR \$10,000 OR MORE

MR. & MRS. LLOYD NORRIS

BENEFACTORS \$1,000 OR MORE

HELPING HAND OF BANDERA COUNTY

NAGEL CLINIC BOARD OF DIRECTORS

MR. & MRS. JAMES WILSON, JR.

SPONSORS UP TO \$999

AETNA HEALTH

APPLE STORE, MEDINA

BANDERA BANK

BANDERA NATURAL HISTORY MUSEUM

BANDERA ELECTRIC COOPERATIVE

MS. SUSAN BROA

COUNTRY ACCENTS ANTIQUES

MR. ART CRAWFORD

DOGGETT FREIGHTLINER

MR. GARY DUBBS

MR. & MRS. RANDY FLOWERS

FLYING L RANCH RESORT

MS. JEAN GOSTOMSKI

MR. & MRS. PETE GOSTOMSKI

H-E-B

HELPING HAND OF BANDERA COUNTY

HILL COUNTRY QUILT GUILD

HOOLIGAN'S QUILTERS

HYO SILVER

MR. & MRS. JUAN INFANTE

MR. & MRS. JEFF JACKSON

MR. & MRS. LARRY JACKSON

LEAL'S JEWELRY

LOWE'S MARKET

MR. CHUCK LUTKE

MAIN STREET TIRE & AUTOMOTIVE

MS. ANNA MONTAGUE

MS. RENEE MORGAN

MR. & MRS. MICHAEL MULHERIN

MR. & MRS. LLOYD NORRIS

O.S.T. RESTAURANT

MS. AUTUMN PERRY-SEVILLA

PROPANE DEPOT

MR. MANNY SANTOS

SEAWORLD SAN ANTONIO

LTC & MRS. FRED SERENE

MR. & MRS. JOE SHEPARD

TAPATIO SPRINGS

ANONYMOUS

REGISTER NOW FOR OUR 2 EVENTS



BANDERA BUNNY RUN/WALK

**STROLLER FRIENDLY!
DOGS ON LEASHES
WELCOME TO PARTICIPATE
BUNNY EARS AND
COSTUMES WELCOME**

SATURDAY, APRIL 13

Village of Hope Events Center
1116 12TH Street, Bandera

RACE DAY REGISTRATION 7:00AM
5K RUN/WALK 8:30AM

**MEDALS AWARDED IN 7 CATEGORIES.
T-SHIRTS & GOODIE BAGS FOR ALL PARTICIPANTS.
FREE TIMING CHIP BIB. KIDS 10 & UNDER FREE!**

REGISTRATION FEE

\$35

\$45 AFTER 3/13/24

PROCEEDS BENEFIT THE ARTHUR NAGEL COMMUNITY CLINIC

REGISTER ONLINE OR AT THE CLINIC ATHLETEGUILD.COM

FOR MORE INFO VISIT NAGELCLINIC.ORG OR CALL 830.796.3448

HOPPY FEET DOWN MAIN STREET!

SUPPORT THE CLINIC BY COMING OUT ON APRIL 13 AT THE RUN/WALK AND COME TO THE KICKOFF LUNCHEON ON APRIL 5!

REACH OUT TO CHUCK LUTKE AT EVENTS@NAGELCLINIC.ORG TO RESERVE YOUR SEATS OR GET MORE INFORMATION.



YOU ARE INVITED TO THE NAGEL CLINIC'S BANDERA BUNNY RUN

KICKOFF LUNCHEON

**FRIDAY
APRIL 5
12 - 1:30 PM**

**SPECIAL EVENTS CENTER
VILLAGE OF HOPE CAMPUS
1116 12TH STREET, BANDERA**

FEATURING SPECIAL GUEST SPEAKER
PHILANTHROPIST **ESTELA AVERY**



Board Member of the National Parks Conservation Association, Washington D.C.; President of the Board of Directors for Grace Center, Fredericksburg; Retired Registered Nurse; Former Executive Director of the San Antonio River Foundation; and inspiration to her nine grandchildren and 15 great-grandchildren through her marriage to the late jewelry designer James Avery.

**ANNA MONTAGUE, CHAIR
CATERING BY BACKYARD BISTRO**



THANK YOU!

**TO OUR SPONSORS,
DONORS, VOLUNTEERS
& VETERANS FOR HELPING
MAKE THE 2023 CORK & FORK
A TREMENDOUS SUCCESS**



SPONSORS, PATRONS, DONORS & VOLUNTEERS

FREEDOM SPONSOR

H-E-B

LIBERTY SPONSOR

Lloyd & Sheri Norris

JUSTICE SPONSORS

BEC
Randy & Debbie Flowers
Ken Stoepel Ford
Methodist Healthcare Ministries

PATRIOT SPONSORS

Air-Care Solutions
Bandera Bank
Bandera Bulletin
Bandera Wine & Spirits
Buddy's Septic & Water Well Service
Dr. Ruth Grubestic
Hill Country Veterinary Hospital & Equine Center
HYO Silver
Lantana Land Company
Mansfield Spring Ranch
Massey Itschner & Co.
Anna M. Montague
Pipe Creek Presbyterian Church
Quick Draw Payroll
Jody & Carolyn Rutherford
St. Christopher's Episcopal Church
Tex Elliott Family
Texas Hill Country Bank
Toni & Fred Serene
Linda & Keith Vos
James & Laura Wilson

PATRONS

Steven & Kelly Cox
Joe Haeckel & Kathleen Campbell
Harry & Dianna Harris
John Hammer
Juan Carlos & Maria Infante
Larry & Suzanne Jackson
Vonnie & Jeff Jackson
Susan Junker & Dennis Birchall
Harry & Barbara Maxwell
Pat & Karen McMurry
TXN Bank Bandera

DONORS

Jan Elliott
Patricia Gobin
Katy & Clyde Hays
Suzanne Hicks
In memory of Rand Hicks
Karen Hoskelis
Fran Laue
Chuck Lutke
Joe & Cindy McMullan
In memory of Paul A. Wright, Jr.
David Peterson
J. E. Ryan
Iva Timmerman & Hector Caldera
In honor of Castle Lake Volunteer Fire Department
Kathy Thaler
Gerda Weathers
James & Laura Wilson
Anonymous

EVENT VOLUNTEERS

Nagel Clinic Board of Directors, Staff, Contractors,
Administrative & Medical Volunteers

MARKETPLACE FOR GOOD AUCTION DONORS

LIVE AUCTION

Doggett Freightliner
Randy & Debbie Flowers
Flying L Ranch Resort
Jean Gostomski
Hill Country Quilt Guild
HYO Silver
Vonnie & Jeff Jackson
Nagel Clinic Board of Directors
Toni & Fred Serene
Tapatio Springs
James & Laura Wilson

SILENT AUCTION

Aetna Health
Apple Store in Medina
Bandera Bank
Bandera Natural History Museum
with Juan & Mary Infante
BEC
Susan Broa
Country Accents Antiques
Art Crawford
Gary Dubbs
Estate of Barbara Serene
Hooligan's Quilters
Leal's Jewelry

Larry & Suzanne Jackson
Vonnie & Jeff Jackson
Chuck Lutke
Main Street Tire & Automotive
Anna Montague
Renee Morgan
O.S.T. Restaurant
Autumn Perry-Sevilla
Propane Depot
Manny Santos
SeaWorld San Antonio
Toni & Fred Serene
Barbara & Joe Shepard

Save The Date: Saturday, Nov 9

THE BOARD OF DIRECTORS IN ASSOCIATION WITH
Jastra Enterprises

PRESENTS THE 10TH ANNUAL
CORK & FORK

WE'LL GO HONKY TONKIN'

Hometown Hero Awards Presented To Texas Honky Tonk Legends

Arkey Blue & James McGroarty

Returning Popular Guest Artist

**Weldon Henson
& Band** "Texas-Made Honky Tonk"

Plus Surprise Musical Guest Artist



Generously Donated By Jastra Enterprises

Rare & Extraordinary Raffle Drawing!

Expertly Restored & Preserved
1928 Model A Ford Tudor Hardtop
Top speed 65 MPH
3 Speed manual transmission
Mechanical brakes
\$25,000 market value
\$100 per raffle ticket
Only 500 tickets to be sold!
On display at the event

- ★ Red Carpet Wine Reception ★
- ★ Dinner by Backyard Bistro ★
- ★ Ceremony Honoring America's Veterans ★
- ★ Marketplace for Good Live & Silent Auctions ★

Popular Pricing

Sponsor Tables Starting At \$800
Individual Tickets \$100 / \$75 for Veterans

LIMITED SEATING. RESERVATIONS AVAILABLE JUNE 1.
PRIORITY ORDER DEADLINE: SEPTEMBER 1.

HEALTHIER EATING

RISKBUSTERS RECOMMENDS

Tangy Chicken Salad with Grapes

BY SARAH EPPERSON LOVELESS

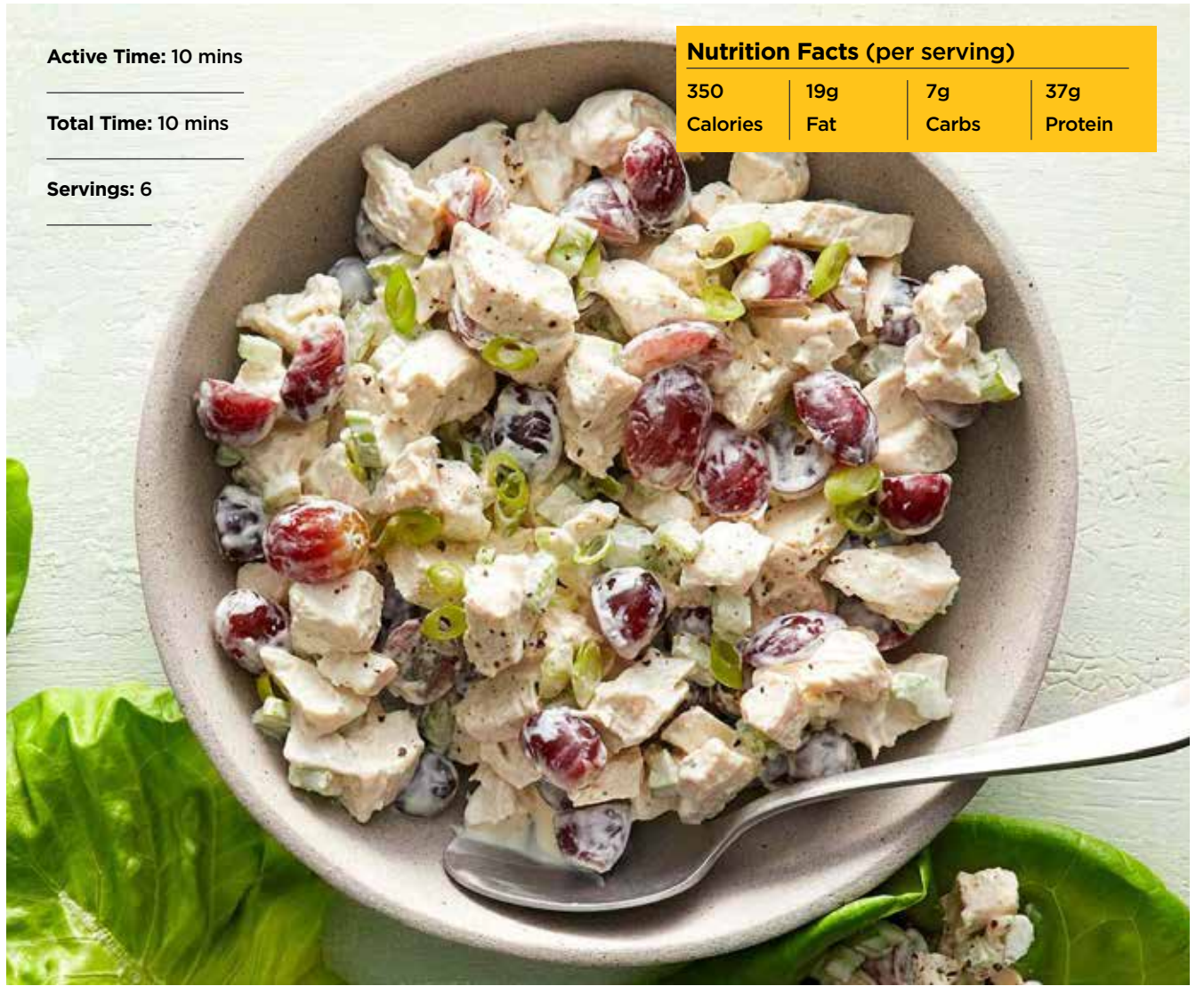
Sweet red grapes and crunchy celery make this chicken salad sing, and also balance out the slight tang from the yogurt and lemon. But go ahead and customize the mix-ins with whatever you desire (perhaps some chopped nuts or dried fruit) because this chicken salad recipe is easily adaptable. We use rotisserie chicken (look for unseasoned to keep sodium in check!) to simplify things, but any leftover cooked chicken will work.

INGREDIENTS

- ½ cup canola mayonnaise
- ½ cup plain whole-milk Greek yogurt
- 1 tablespoon fresh lemon juice (from 1 lemon)
- 2 teaspoons Dijon mustard
- ½ teaspoon black pepper
- 5 cups chopped rotisserie chicken breast
- ½ cup diced celery
- 1 cup halved red seedless grapes
- ¼ cup sliced scallions, divided
- 1 head butter lettuce

DIRECTIONS

Stir together mayonnaise, yogurt, lemon juice, Dijon and pepper in a large bowl until combined. Add chicken, celery, grapes and 3 tablespoons scallions, and toss to combine. Serve on butter lettuce leaves, and top with the remaining scallions. ■



Active Time: 10 mins

Total Time: 10 mins

Servings: 6

TRANQUILITY PARK EVENT CENTER

For Your Next Meeting, Party, or Event

The Clinic's Bunny Run Luncheon featuring Estela Avery will be held in the wonderful Tranquility Park Events Center located on the beautiful Village of Hope campus, home to Helping Hand and the Nagel Clinic.

This Event Center is a hidden gem in Bandera and is available for any family or group seeking to host a meeting, wedding, reunion, quinceañera, baby shower, or almost any gathering from 10 to 195 people. The Center features lush outdoor amenities with a Koi pond encircled by a state-of-the-art walking track. There is a gazebo with a band area and a large pergola over a barbecue pit amid stately Texas trees, shrubs, and blooming plants.

The main room of the Center is 54' X 36' and can accommodate up to 195 people in theater-style seating or 100 people seated at up to 15 available tables with chairs. The Taos sand-colored walls are framed in cedar. Four large windows enhance with natural light and the landscaped outdoor setting. Three restrooms add to the large or small event conveniences. Double French doors provide a beautiful entry for guests. This new modern facility also features a roomy, state-of-the-art kitchen with all the appliances and service areas needed to ensure a spectacular event.

Rental of the Events Center and/or outdoor facilities for your party, meeting, or conference is available in several affordable packages starting at only \$50. To book your date on the calendar for the remainder of 2024, please contact Laura White at (830) 796-8300. ■

Visit us at tranquilityparkeventcenter.com



Word Search!

B T D U A W B J T O W E Y O V R P
 R A P P L E S S D D R G U C R P T
 O B E L L P E P P E R A Z M S R J
 C B P U U N W Z L U B G N E U X Z
 C Y M V I X Z A N N F X I G N M U
 O A E L E Q E M H O R R O M E E C
 L L Y Q R G D A E X R Y U X I S C
 I M R O W S E L S E L H H I Y Q H
 T O M A T O P T B L U T Y N T Q I
 Q N D C X P L J A A I M O X S P N
 R D Z E A A E H T B Q M O R S E I
 D S E E E R S A A B L Y J W P A O
 C G N M F A R M C A E E J O I R K
 M I T M U Q B O S H E A S Q N S Y
 P A C Q I B E E T S E G N E A Q W
 O Z S B M L H Q G S I S G S C G F
 G R A I N S K J L F Z O V S H W T

- | | | |
|-------------|---------|------------|
| ALMONDS | EGGS | PINEAPPLE |
| APPLES | FRUIT | SALMON |
| BEANS | GRAINS | SPINACH |
| BEETS | MILK | SQUASH |
| BELL PEPPER | OATMEAL | TOMATO |
| BERRIES | ORANGES | VEGETABLES |
| BROCCOLI | PEACHES | YOGURT |
| CARROTS | PEARS | ZUCCHINI |



**COMING ON
 APRIL 13 &
 KICKOFF
 LUNCHEON
 ON APRIL 5!
 BOOK NOW!
 HOP ON IT!
 SEE PAGE 5 FOR INFO**